



**2022-23
SEASON GUIDE**

Girls United is a nonprofit organisation that empowers girls through football, going beyond the tactical and technical to develop confident players and leaders.

We provide girls with the opportunity to succeed on and off the pitch.

700+ players
20+ coaches
9 locations



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I would just like to say thank you for how much of an inclusive organisation Girls United is.

It has been a breath of fresh air for my daughter to be part of her team.

She has done so well and has always felt so positive about her place at football. It has been life changing for her and us.

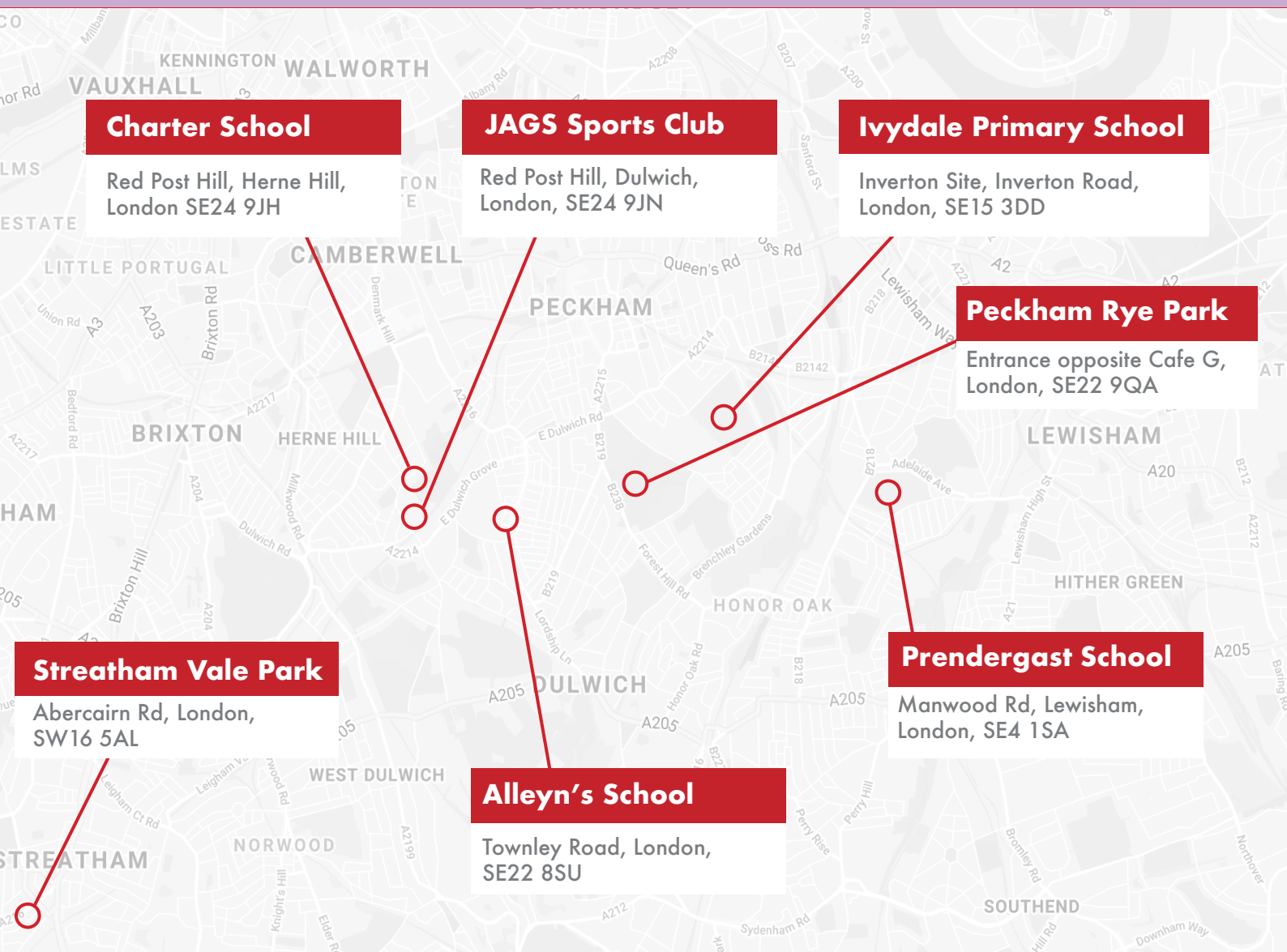
- Girls United parent

2023-23

SCHEDULE

Monday	Tuesday	Wednesday	
Wildcats	Club Session	Club session	Play Like a Girl
U6 - U11	U13 & U14 + GK U6 - U18	U10 & U12 + 1-2-1 sessions!	U15 - U18
17:30 - 18:30 Ivydale Primary SE15 3DD	19:00 - 20:00 Alleyn's, SE22 8SU	19:00 - 20:00 JAGS Sports Club SE22 8SU	19:00 - 20:00 Alleyn's, SE22 8SU
Thursday			
Wildcats	Club Session	Club Session	Play Like a Girl
U6 - U11	U9	U16	U6 - U10
17:00 - 18:00 Charter School, SE24 9JH	17:00 - 18:00 Charter School, SE24 9JH	19:00 - 20:00 Alleyn's, SE22 8SU	17:00 - 18:00 Streatham Vale Park, SW16 5AL
Friday	Saturday	Sunday	Camps
Play Like a Girl	Play Like a Girl	Wildcats	Holidays & Half-terms
U11 - U14 + 1-2-1 sessions!	U6 - U18 + 1-2-1 sessions!	U6 - U11	These will take place in Summer, October, February, Easter and Whitsun
17:00 - 18:00 Prendergast Ladywell School, SE4 1SA	10:00 - 11:30 Peckham Rye, SE22 9QA	10:00 - 11:00 Peckham Rye, SE22 9QA	Dates TBC
Club Sessions	Wildcats	Play Like a Girl	1-2-1 sessions
Designed for more experienced players to prepare for weekend matches.	Perfect for young ones who are just getting started.	Sessions for all levels to develop empowered female footballers.	Personalised football sessions with our qualified coaches.

TRAINING LOCATIONS IN SOUTH LONDON



Visit girlsunitedfa.org/london-club to join.

For queries, get in touch via email at london@girlsunitedfa.org.

PRICING

Pay-as-you-go

Wildcats	£4 per session	Fixtures	£6 per match
Club Sessions	£6 per session	Camps	£20 per day
Play Like a Girl	£6 per session	1-2-1	£20/30mins £30/45mins £40/60mins

Memberships

Bronze Membership	£225	for 1 year
Includes 1 training session per week	£22.50	per month for 12 months
Silver Membership	£275	for 1 year
Includes 1 training session & 1 fixture per week	£27.50	per month for 12 months
Gold Membership	£350	for 1 year
Unlimited access to sessions, 1 fixture per week & Club day	£35.00	per month for 12 months

*Memberships do not apply to half-term, holiday camps & 1-2-1 sessions.

Book sessions & buy memberships:

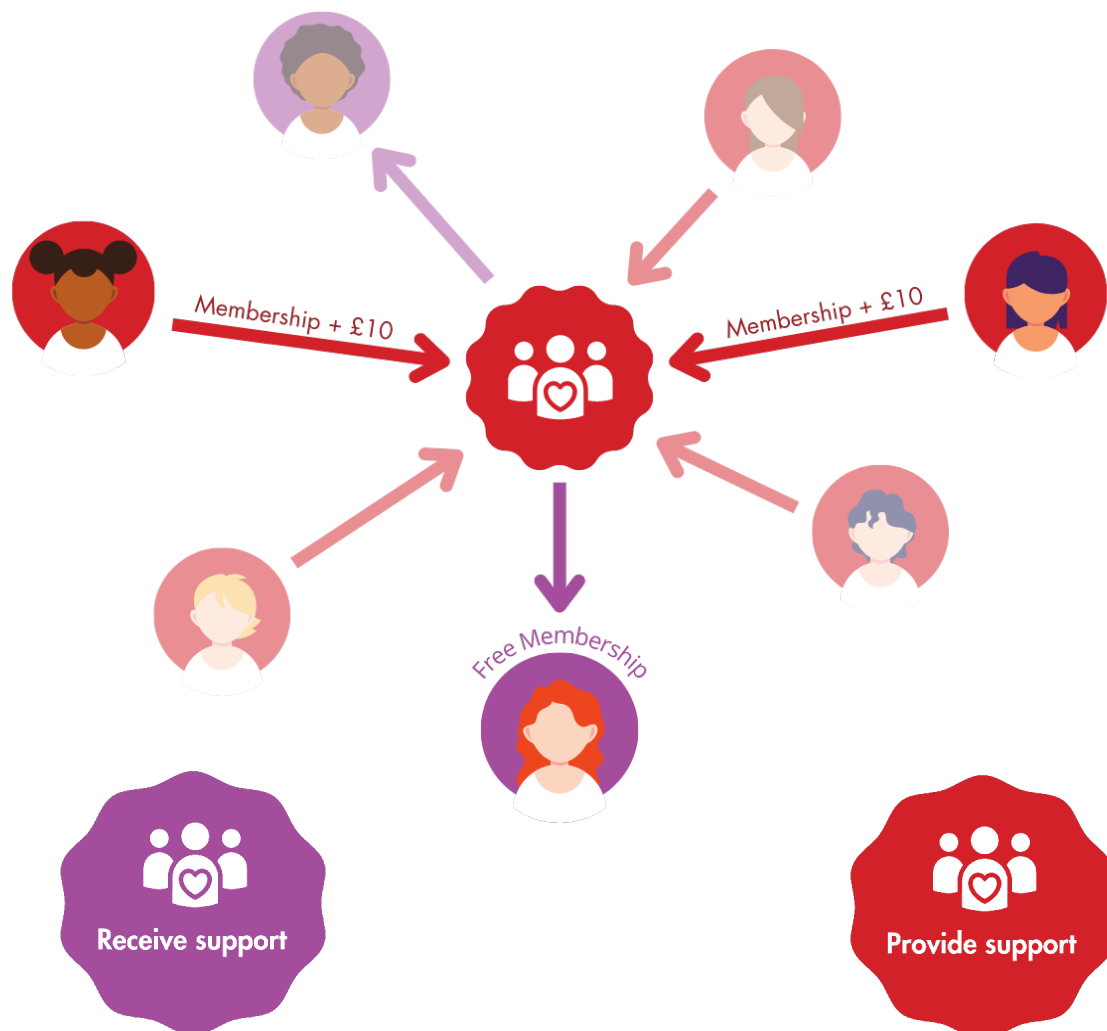
girlsunitedfa.org/london-club

1-4-1 PRICING

Our vision is to create sustainable spaces for all girls to have equal access to sport. The 1-4-1 system enables you to contribute what you can afford to support your local Girls United community and thus create opportunities for more girls to play.

Every £250 raised enables a girl from the Girls United community to play for free for an entire year and access the same quality football experience.

For example, should two participants decide to support their community by adding £10 per month to their standard Girls United membership, this would allow for a third girl to play for free.



Receive a discount on all Girls United sessions for the whole year.

Support your local community by contributing what you can afford to create opportunities for more girls to play.

Visit girlsunitedfa.org/141 to join.

For queries, get in touch via email at london@girlsunitedfa.org

LOVE THE GAME

FREE football sessions in South London

Monday

Myatt's Field

Age: 8 - 12

17:00 - 18:00
Myatt's Fields Park,
SE5 9QU

Thursday

Streatham Vale

Age: 8 - 12

17:00 - 18:00
Streatham Vale Park,
SW16 5AL

Friday

Prendergast

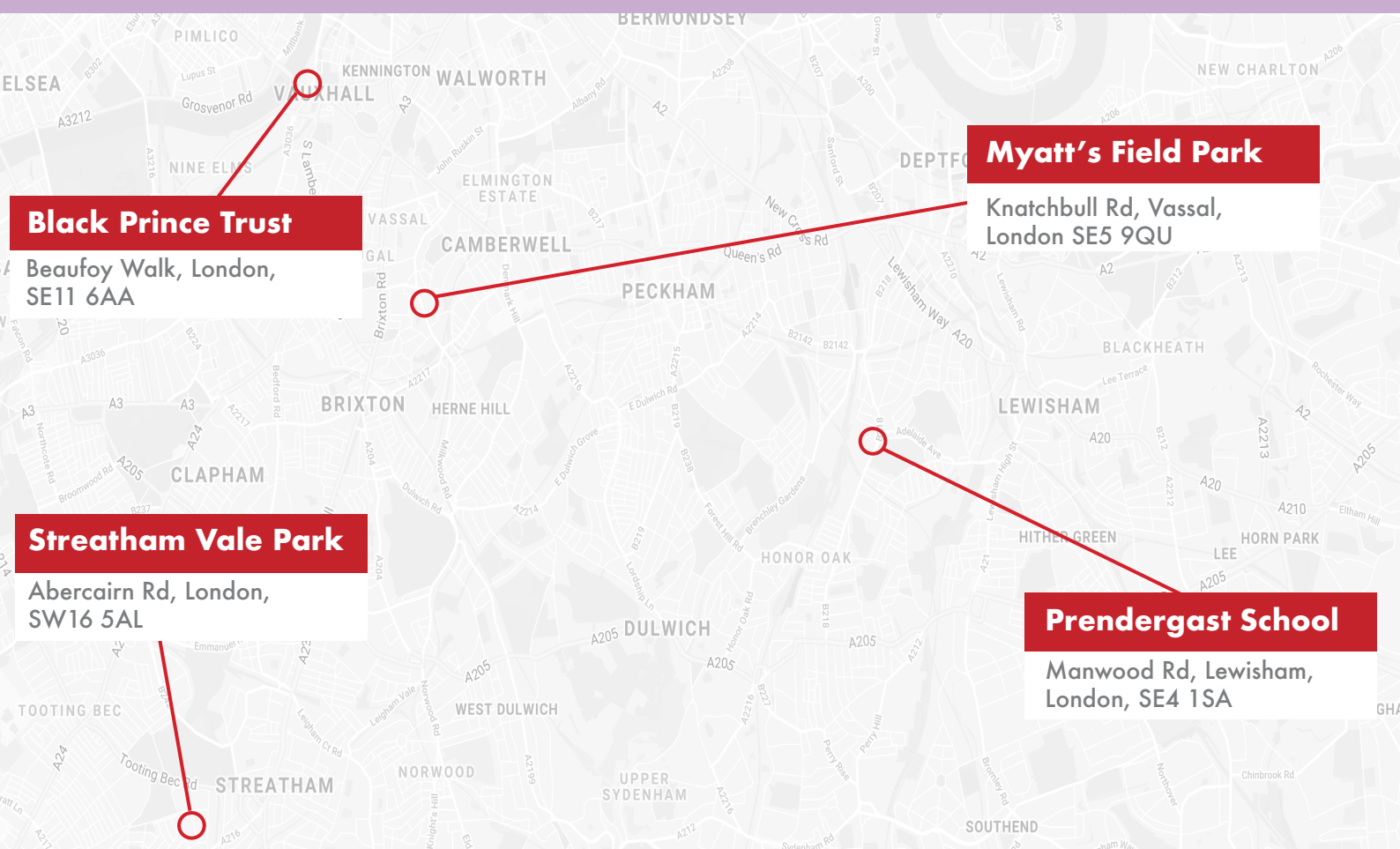
Age: 8 - 12

17:00 - 18:00
Prendergast Ladywell
School, SE4 1SA

Black Prince Trust

Age: 8 - 12

17:00 - 18:00
Black Prince Trust,
SE11 6AA



Myatt's Field Park

Knatchbull Rd, Vassal,
London SE5 9QU

Black Prince Trust

Beaufoy Walk, London,
SE11 6AA

Streatham Vale Park

Abercairn Rd, London,
SW16 5AL

Prendergast School

Manwood Rd, Lewisham,
London, SE4 1SA

Visit girlsunitedfa.org/london-club to join.

For queries, get in touch via email at connor@girlsunitedfa.org or phone 07949714620.



CONTACT US

Abigail Ingram

London Manager

Abigail joined the Girls United FA team in September 2019 to manage Girls United in London. Having completed a degree in Sport Science with a coaching pathway at Brunel University in London alongside being a current UEFA B licensed coach.

abigail@girlsunitedfa.org

Greer-Aylece Robinson

London Programme Lead (Club sessions, PLG, and Matches)

Greer joined Girls United FA as an assistant coach in August 2019. She now works as a London Programme Lead - focusing on the London Club, Club sessions, Matches, and Play like a Girl.

greer-aylece@girlsunitedfa.org

Robert Wright

London Programme Lead (Events, Camps, Wildcats, and, Festivals)

Robert is an FA Level 2-qualified coach with experience at Chelsea FC Foundation and a grassroots academy in Highbury, North London

robert@girlsunitedfa.org

Ryan Dempsey

London Coach Development Lead

Ryan joined Girls United FA in October 2020 as a sessional coach. He currently oversees the 1-2-1 programme and works across our Love the Game and London Club programmes.

ryan@girlsunitedfa.org

Connor Hearty

London Programme Lead (Love The Game)

Connor joined Girls United FA in April 2021 to lead Girls United's partnered programme with Nike, Love the Game, which is bringing football to girls in schools across London.

connor@girlsunitedfa.org

Josh Emerson

Global Marketing and Communications Manager

Josh joined us in February as our new Global Marketing and Communications Manager. He oversees the promotions of our programmes and events, our social media channels and any press enquiries

josh@girlsunitedfa.org

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For general queries, get in touch via email at london@girlsunitedfa.org

JOIN GIRLS UNITED

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